

PLU Allergen List

Site: 0 Head Office

Report Filters:

Dept: Food

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1103	Cappuccino																
1107	Flat White																
1108	Floater Coffee																
1109	Latte																
1110	Mocha																
1112	Camomile Tea																
1115	Breakfast Tea																
1117	Earl Grey Tea																
1130	Hot Choc																
1131	Hot Choc DELUX																
1134	Pumpkin Hot Choc																
1135	Bail Wht Hot Choc																
1137	Bambinoccino																
1138	Baby Choccocino																
1139	Hot Choc child																
1202	Scone C&J																
1211	Fruit Cake																
1212	Carrot Cake																
1213	Chocolate Cake																

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1231	Tea AT																
1233	Cappuccino AT																
1234	Latte AT																
1404	Garlic Bread																
1406	House Salad																
1407	Onion Rings																
1409	Cheesy Chips																
1410	Bread & Butter																
1411	Greek Salad Side																
1412	+ Ciabatta & Butter																
1413	Ext Cauli Cheese																
1414	Sosig for Pooch																
1415	Coleslaw																
1435	Stilton Pep Sauce																
1436	Garlic Butter																
1437	Hollandaise																
1441	Stilt Pep Sce SET																
1442	G Butter SET																
1452	Whitebait																
1453	Garlic Prawns																
1454	Mezze Starter																
1455	Flaming Shrimps																
1456	Duck Spring Rolls																
1457	Camembert																

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1458	Lamb Samosas																
1459	Duck Bao																
1460	Mushrooms on Toast																
1461	Halloumi Fries																
1462	Falafel Shak																
1463	Soup of Day																
1464	Chicken Parfait																
1465	Satay Chicken																
1466	Panko Prawns																
1467	Nachos Cheese																
1468	Veg Gyoza																
1470	Arancini																
1471	S & P Squid																
1472	Houmus & Pitta																
1473	Prawn Avo Cktl																
1474	Chicken Samosas																
1475	Crab Cakes																
1476	Pork Belly Bites																
1477	Coconut Prawns																
1478	Chick Tenders St																
1479	Sesame Prawns																
1480	Falafel & Pitta																
1481	S&P Chick Strips																
1482	Jalapeno Poppers																

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1483	Vegetable Samosas																
1484	Jerk Chk Wings																
1485	Hadd & Crayf Grtn																
1486	Crevettes																
1487	Chicken Tatsutaage																
1488	Mushroom & Tomato Gratin																
1489	Kimchi Dumplings																
1490	Chicken Soup																
1491	Breaded mozzarella stick																
1492	1/2 Lobster Starter																
1493	Crispy Cheese Bites																
1494	Pate																
1495	Calamari rings																
1496	Mac Chs Croquettes																
1497	Sole Starter																
1498	Garlic Bread																
1499	Cheesy Garlic Bread																
1500	Beef Tostada																
1501	Spinach Arancini																
1552	Rst Beef																
1553	Rst Chicken																
1554	Rst Pork																
1555	Rst Shank Lamb																

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1556	Rst Turkey																
1557	Rst Conf Duck																
1558	Rst Leg of Lamb																
1560	Nut Roast																
1561	Sweet Pot Tart Roast																
1562	Mushroom Pie Roast																
1566	Beef Sarnie																
1567	Pork Ciabatta																
1568	Beef Ciabatta wkdy																
1571	Kids Roast Beef																
1572	Kids Roast Turkey																
1573	Kids Roast Chicken																
1574	Kids Roast Pork																
1576	Doggy Roast																
1580	Remember Cauli																
1603	Philly Chstk Burg																
1604	Blenheim Burger																
1605	BBQ Chix Bac Burg																
1606	Bac Chs Burger																
1607	Katsu Curry Burger																
1608	Spinach & Falafel Burg																
1609	Thai Spiced Burger																
1610	Salmon Burger																
1611	Mozz & Chor Burger																

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1612	Chicken Burger																
1613	Lamb Kofte Burger																
1614	Pork Burger																
1615	Caj Chick Sandwich																
1616	Applew Burger																
1617	MM Veg Burger																
1618	Stilton Burger																
1619	Heidi Burger																
1620	BBQ Pork Burger																
1621	Sloppy Joe Burger																
1622	Rodeo Burger																
1623	BBQ Bac Sws Burger																
1624	Burger Amer Hot																
1625	Pumpkin Burger																
1626	BBQ Mac Chs Burger																
1627	American Hot Burger																
1628	Rst Beef Ciabatta																
1629	PB Cheese Burger																
1630	Cajun Chick Sandw																
1652	Margarita																
1653	American																
1654	American Hot																
1655	The Real Greek																
1656	Deli																

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1657	Caprino																
1658	Truffler																
1659	The Tyrol																
1660	Napolean																
1661	Parm Chick Pizza																
1662	Lombardi Pizza																
1663	Peking Duck pizza																
1664	Carbonarra Pizza																
1665	Meat Feast Pizza																
1666	BBQ Chicken Pizza																
1667	Christmas Pizza																
1668	Deep Blue																
1669	Gardiniera																
1670	Hawaiian																
1671	Calabria Pizza																
1672	Nacho Pig Pizza																
1673	Sweet Bloo																
1701	Fillet Steak 6oz																
1702	Fillet Steak 12oz																
1714	Chick Chorizo Keb																
1715	BBQ Pork Chop																
1752	Cow Pie																
1753	Fish Pie																
1754	Chicken Pie																

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1755	Spare																
1756	Leek & Mush Pie																
1757	Cottage Pie																
1758	Steak & Ale Pie																
1759	Steak & Kidney Pie																
1760	Butternut Pie																
1761	Venison Pie																
1762	Stk Kd Pudd																
1763	Lamb & Leek Pie																
1764	Mushroom Pie																
1765	Beef Borg Pie																
1766	Feta Chk Pea Pie																
1767	Smk Haddock Pie																
1768	Lamb Shank Pie																
1769	Chicken Lasagne																
1772	Burgundy Beef																
1773	Burgundy Venison Cass.																
1780	Mambonita Salad																
1781	Chick Bacon Salad																
1782	Watermelon Salad																
1783	Gyoza Poke																
1784	Salmon Poke																
1785	Superfood Poke																
1786	Goats Ch Salad																

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1787	Thai Steak Salad																
1788	Burata Salad																
1789	Ch Bac Avo Salad																
1790	Salm Crev Salad																
1791	Crevette Salad																
1792	Ploughmans **																
1793	Cheddar																
1794	Brie																
1795	Stilton																
1796	Ham																
1797	Grk Halloumi Salad																
1798	Moroccan Mezze																
1799	Lamb Kofte Salad																
1802	Rib Eye 9oz																
1803	Fillet Espetada																
1804	Surf n Turf																
1805	Rump Steak 12oz																
1806	Sirloin 12oz																
1807	Sirloin Steak 8oz																
1808	Rump Steak 8oz																
1810	Gammon Steak																
1811	Fish & Chips																
1812	Scampi																
1813	Paella																

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1814	Sal Had Fishck																
1815	Salmon Holl																
1816	Calamari Main																
1817	1/2 Lob & Chips																
1818	Whl Lob & Chips																
1819	Ham, Egg & Chips																
1820	Chicken Kiev																
1821	BBQ Belly Pork																
1822	Jerk Pork																
1823	Fishcakes																
1824	Lasagne																
1825	Burgundy Beef																
1826	Sausage & Mash																
1827	Shank Lamb																
1828	Faggots																
1829	Piri 1/2 Chick																
1830	Belly Pork																
1831	BBQ 1/2 Chick																
1832	Chkn Schnitzel																
1833	S&P 1/2 Chick																
1834	Truffle Chicken																
1835	Chick Tikka Keb																
1836	Chk Tik Mass Curry																
1837	Katsu Chicken																

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1838	Chicken Korma																
1839	1/2 Rst Duck																
1840	Rack of Ribs																
1841	S & P Pork Ramen																
1842	Thai Grn Chk																
1843	Lamb Makhani																
1845	Moroccan Lamb																
1846	Lamb Steak																
1847	Lamb Balti																
1848	Lamb Shakshuka																
1849	Chicken Madras																
1850	Lamb Korma																
1851	Spag Meatballs																
1852	Chilli & Rice																
1853	Veggie Curry																
1854	Sw Pot Goulash																
1855	Goat Chs Tart																
1857	Mac Goat Chs																
1858	Paneer Keb																
1859	Vegan Tagine																
1861	Veg Lasagne																
1862	Ravioli Beef																
1863	Eggs Shakshuka																
1864	Mezzelune Mozz																

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1865	Short Rib																
1866	Crispy Chicken Sandwich																
2002	Chocolate Brownie																
2003	Creme Brulee																
2004	Sticky Toffee - GF																
2005	Lemon Roulade																
2006	Apple Strudel																
2007	Treacle Tart																
2008	Choc Ora Torte																
2009	App Cinn Crumb																
2010	App Rhub Crumb																
2011	ChCke GF																
2012	ChCke 1																
2013	ChCke 2																
2014	COCONUT choc Tart Vgn																
2015	Choc Choux Bun																
2016	ORANGE Choc Torte Vgn																
2017	Banoffee Pot																
2018	Cheese & Bisc																
2019	Lem Meri Tart																
2020	Banoffee Waff																
2021	Choc Fdge Cake																
2022	Tiramisu Pot																
2023	Eton Mess																

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2024	Choc Mousse Vgn																
2025	Lem Possett																
2026	Caramel Apple Tart																
2027	Pot au Choc																
2028	Lemon Tart																
2029	Panacotta																
2030	Bisc Banf Pot																
2031	Eton Mess Lemon																
2032	Spotted Dick																
2033	Mince Pie																
2035	Pecan Pie																
2036	Roulade																
2037	Trillionaire Vgn																
2038	Profiterole Sundae																
2039	Panacotta																
2040	Honeycomb Sund																
2041	Chocolate Sundae																
2042	Summer Berry Sundae																
2043	Toffee Apple Sundae																
2044	Knickerbocker Glory																
2045	Choc Coconut Sundae																
2046	Fr Fruit Salad																
2047	Smores Waffle																
2048	Limoncello Pot																

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2049	Rhubarb Tart																
2050																	
2052																	
2053	Pouring Cream																
2054	Whipped Cream																
2055	Ice Cream																
2056	Custard																
2058	Extra Custard																
2059	Extra Ice Cream																
2060	Extra Cream																
2061	Extra Clot Crm																
2152	Kids Chsy G Brd																
2153	Chicken Chunks																
2154	Kids Gar Brd																
2155	Kids Chick Tenders																
2156																	
2157																	
2158																	
2159																	
2160	Kids Margarita																
2161	Kids Ham Mush																
2162	Kids Pepperoni																
2163																	
2164																	

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2165	Kids Scampi																
2166	Kids Saus Mash																
2167	Kids Burger																
2168	Kids Chsbrg																
2169	Kids Bcn Chsbrg																
2170	Kids BBQ Chx Bgr																
2171																	
2172	Kids Sos Chips Beans																
2173	Kids SF Chicken																
2174	Kids Fish Fingers																
2175	Kids Steak & Chips																
2202	Kids Ice Cream																
2205	Kids Cheesecake																
2206	Kids Fudge Sund																
2207																	
2208																	
2209																	
2210																	
2211																	
2212																	
2213																	
2303																	
2306	Spare																
2316	BF Bacon Ciabatta																

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2329	Pain Chocolat																
2361	BBQ Chick Sarnie Ln																
2362	BLT Ciabatta Ln																
2363	Sausage Ciab Ln																
2364	Fishfinger Sarnie Ln																
2365	BBQ Chick Flatbread Ln																
2367	Halloumi Ciabatta Ln																
2368	CLUB Ciabatta Ln																
2369	Steak Sarnie Ln																
2370	Chkn Schntz Ln																
2371	Grk Salad Ln																
2372	Rump Steak Ln																
2373	Saus Egg Chp Ln																
2374	Falafel flatbread Ln																
2375	Rump Steak Ln																
2376	Chkn Sarnie Ln																
2377	Chicken Kiev Ln																
2378	Duck Rolls Ln																
2379	Chicken Salad Ln																
2380	Cornish Pasty Ln																
2381	Tart Ln																
2382	Chilli & Rice Ln																
2383	Bangers & Mash																
2384	SF Chkn Sarnie Ln																

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2385	Lunch Margarita																
2387	Lunch Pepperoni																
2388	Lunch Reina Ham Mush																
2389	Lunch American																
2390	Lunch American Hot																
2391	Lunch Heidi																
2392	Lunch Nutty Blue																
2393	Avo on Sour Dough Ln																
2394																	
2395																	
2396																	
2397																	
2398																	
2399																	
2400																	
2401																	
2404																	
2405																	
2406																	
2407																	
2408																	
2410	Jkt Chs																
2412	Jkt Beans																
2413	Jkt Prawns																

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2414	Jkt Chilli Chs																
2415	Jkt Tuna Chs																
2416	Jkt Chs Beans																
2417	Jkt Chilli																
2418	Jkt Tuna May																
2419	Jkt Chck GC Pesto																
2420	Jkt Goat C Pesto																
2423																	
2424																	
2425																	
2467	1 Scoop																
2468	2 Scoop																
2469	3 Scoop																
2470	4 Scoop																
2473	- Vanilla																
2474	- Chocolate																
2475	- Strawberry																
2476	- Honeycomb																
2478	- Sticky T I/C																
2481	- Toffee Apple																
2487	- Ban BScrch																
2488	+ Fudge Chunks																
2489	+ Whipped Cream																
2490	+ Flake																

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2491	+ Choc Sce																
2492	+ Wht Choc Sce																
2494	+ Caramel Sce																
2496	- Mint Ch Ch																
2500	- Slt Caramel																
2501	- Amaretti Cherry																
2502	- Coconut																
2503	- Biscoff																
2504	- Cookie Dough																
2505	- Eton Mess I/C																
2520	Mash																
2526	Veg																
2531	Cauli Cheese																
2539	+ Ciabatta & Butter																
2541	+ Halloumi Grill																
2542	+ 3 x Crevettes																
2543	+ Mac n Chse																
2557	Jkt Butter																
2558	Jkt Sr Crm																
2571	Sml Chilli Nachos																
2572	Lg Chilli Nachos																
2573	Sml Chs Nachos																
2574	Lg Chs Nachos																
2619	Add Chorizo																

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2620	Add Goats Cheese																
2626	Add Feta																
2633	Add Cheddar																
2634	Extra Mozzarella																
2637	With Halloumi																
2641	## Standard																
2651	Steak & Ale TA																
2652	Chick & Mush TA																
2653	Butternut TA																
2662	ADD CIABATTA & BUTTER																
2705	Set Pate																
2706	Set Chilli Bites																
2707	Set Chicken Strips																
2708	Set Mozzarella Bites																
2709	Set Kimchi Dmpl																
2710	Set Squid																
2711	Set Jalapeno Pop																
2712	Set Falafel & Pitta																
2713	Set Whitebait																
2714	Set Houmus & Pitta																
2715	Set Meat Samosas																
2716	Set Soup																
2717	Set Veg Samosas																
2718	Set Mushrooms																

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2719	Set Bao Buns																
2720	Set Mac Chs Croq																
2754	Set American Hot																
2755	Set Margarita																
2756	Set American																
2757	Set Reina Ham Mush																
2758	Set Heidis																
2759	Set Nutty Blue																
2760	Set CLUB Ciabatta																
2761	Set Fishfinger Sarnie																
2762	Set Sausage Ciab																
2763	Set Halloumi Ciabatta																
2805	Set Chick Kiev																
2806	Set Fish & Chips																
2807	Set Tart																
2808	Set Curry																
2809	Set Saus & Mash																
2810	Set Chick Schnitzel																
2811	Set Sole																
2812	Set Bacon Chop																
2813	Set 6oz Rump																
2814	Set Brunch																
2815	Set Chilli																
2816	Set Pastie																

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2817	Set Minute Steak																
2818	Set Scampi																
2819	Set Faggots																
2820	Set Hadd Fishcake																
2821	Set Gammon & Egg																
2822	Set Burger																
2823	Set Steak Sarnie																
2824	Set SF Chx Sarnie																
2825	Set King Prawns Main																
2826	Set Salm Fishcake																
2827	Set BBQ Chx Sarnie																
2828	Set Pasty																
2829	Set Grk Salad																
2830	Set Caesar Salad																
2831	Set Duck Rolls																
2832	Set Saus Egg Chp																
2833	Set Avo on Sour Dough																
2855	Set 2 Scoop																
2856	Set Brulee																
2857	Set Torte																
2858	Set Pot au Choc																
3414	Sweet Bloo TA																
3461	Steak Blue Chs Pie TA																
3462	Cow Pie TA																

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3463	Chick Tikka Keb TA																
4281	Goats Chs Sal MD																
4284	Nut Roast MD																
4285	Burger MD																
4286	BBQ 1/2 Chick MD																
4287	Shank Rst MD																
4288	Kids Soup MD																
4289	Kids Gar Brd MD																
4290	Sweet Pot Tart MD																
4292	Beef Rst MD																
4293	Pork Rst MD																
4294	Turkey Rst MD																
4295	Pie MD																
4296	Fishcakes MD																
4297	Vgn Burger MD																
4298	Kids Beef MD																
4299	Kids Burger MD																
4300	Kids Nuggets MD																
4301	Kids Scampi MD																
4302	Kids Sausage MD																
4303	Kids Turkey MD																
4304	Kids Pork MD																
4305	Crumble MD																
4306	Sticky Toffee MD																

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4307	Cheesecake MD																
4309	Lem Merng MD																
4310	Kids Choc Sund MD																
4311	Kids ChsCk MD																
4312	Kids Straw Sund MD																
4313	Kids Pork MD																
4318	MD Soup																
4319	MD Pate																
4320	MD Pate																
4321	MD Garlic Prawns																
4356	Marshmallows																
4357	Whipped Cream																
4361	Warm Milk																
4362	Cream																
4369																	
4370																	
1118	Pumpkin Latte																
1126	Ice Caram Latte																
1127	Ice Vanil Latte																
1128	Ice Hazel Latte																
1402	Cheesy Garlic Bread																
1403	Heidi Garlic Bread																
1602	Bac Brie Burger																
2034	Bread & Butter Pud																

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
2203	Kids Waffle																
2204	Kids Brownie																