

PLU Allergen List

Site: 0 Head Office

Report Filters:

Dept: Food

PLU	Name	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Allergen 15	Allergen 16
1103	Cappuccino																
1107	Flat White																
1108	Floater Coffee																
1109	Latte																
1110	Mocha																
1112	Unused Tea																
1115	Breakfast Tea																
1117	Earl Grey Tea																
1130	Hot Choc																
1131	Hot Choc DELUX																
1134	Gingerbrd Hot Choc																
1135	Bail Wht Hot Choc																
1137	Bambinoccino																
1138	Baby Choccocino																
2002	Whitebait																
2003	Chilli Prawns																
2004	Brie Bites																
2005	S&P Squid																
2006	Duck Bao Dumpling																

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2007	Baked Camembert																
2008	Garlic Bread																
2009	Cheesy Garlic Bread																
2010	Samosas																
2011	Jack Bao																
2012	Mushrooms on Toast																
2013	Halloumi Fries																
2014	HS Duck Leg																
2015	Soup of Day																
2016	Mozzarella Sticks																
2017	Duck Spring Rolls																
2018	Thai Fish Cakes																
2019	Trio of Hoummos																
2021	Garlic Bread																
2022	Cheesy Garlic Bread																
2023	Ciabatta & Butter																
2024	Heidi Garlic Bread																
2027	Onion Rings																
2029	Cheesy Chips																
2030	Calamari																
2032	Cauliflower Wings																
2033	Bread & Butter																
2035	Turkey Pie																
2036	Steak Guinn Pie																

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2037	Fish Pie																
2038	Steak Suet Pud																
2039	Chicken Pie																
2040	Shicken Vgn Pie																
2041	Spinach & GC Pie																
2042	Cow Pie																
2043	Butternut PIE																
2044	Pork Pie																
2046	Bacon & Cheese Burger																
2047	Chicken Burger																
2048	Goats Chs Burger																
2049	Moody Bloo Burger																
2050	Shicken Burger																
2051	Katsu Chick Burger																
2052	Bac Chs Burger																
2053	Chorizo Burger																
2054	Thai Burger																
2055	Brie & Bacon Burger																
2057	Lentil Burger																
2058	Salmon Burger																
2059	The Real Greek																
2060	Margarita																
2061	Parm Chick Pizza																
2062	Deli																

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2063	Caprino																
2064	Truffler																
2065	Spicy Vesuvio																
2066	Napolean																
2067	American																
2068	American Hot																
2072	Deep Blue																
2073	Gardiniera																
2074	Hawaiian																
2075	Triple Pig Pizza																
2076	Peking Duck pizza																
2077	Carbonarra Pizza																
2078	Casbah Pizza																
2079	BBQ Chicken Pizza																
2080	PALA Steak																
2081	PALA Chicken																
2082	PALA Halloumi																
2084	Rst Shank Lamb																
2086	Turkey Ciabatta																
2087	Beef Ciabatta																
2088	Pork Ciabatta																
2089	Doggy Roast																
2090	Nut Roast																
2091	Rst Beef																

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2092	Rst Belly Pork																
2093	Veggie Pie Roast																
2094	Sweet Pot Tart Roast																
2095	Rst Turkey																
2096	Roast Chicken																
2097	Kids Roast Beef																
2098	Kids Roast Pork																
2099	Kids Roast Chicken																
2101	Steak Esptada																
2102	Surf n Turf																
2103	Steak Sarnie																
2104	Kleftico Lamb																
2105	Sausage & Mash																
2106	Scampi																
2107	Fish & Chips																
2108	Lasagne																
2109	Mac Goats Chs																
2110	Rump Steak																
2111	Posh Fish Plat																
2112	BBQ 1/2 Chicken																
2113	Paella																
2114	Gammon Eggs																
2115	Thai Red Curry																
2116	Chicken Tikka Mass																

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2117	Chilli & Rice																
2118	Katsu Chicken																
2119	Stilton Pep Sauce																
2120	Garlic Butter																
2121	Sweet Pot Curry																
2122	Roast Beef Ciabatta																
2123	Sweet Pot Tart																
2124	Fishcakes																
2125	Gammon & Eggs																
2126	Chicken Breast																
2127	Sole Goujons																
2128	Chicken Souvlaki																
2130	Chick Bacon Salad																
2131	Salmon Hollandaise																
2132	Halloumi Salad																
2133	Mac Lombardi																
2134	Salmon Salad																
2135	Goats Cheese Salad																
2136	Belly Pork																
2137	Chicken Parmigiana																
2138	Cajun 1/2 Chicken																
2139	Chick Tikka Keb																
2140	Saus & Chips TAKE AWAY																
2141	American Ciabatta																















































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2142	BLT Ciabatta																
2143	Caprese Ciabatta																
2144	Steak Ciabatta																
2145	Falafel Flatbread																
2146	Steak Salad																
2147	Steak Fajitas																
2148	Tand Chick Salad																
2149	Veg Tagine																
2150	Halloumi Fajitas																
2151	Extra Custard																
2152	Sorbet Sundae																
2153	Chocolate Brownie																
2154	Choc Orange Torte																
2155	Panacotta																
2156	S'Mores Waffle																
2157	Sticky Toffee																
2158	Ice Cream Tub																
2159	ChCke 1																
2160	Lemon Tart																
2161	Apple Strudel																
2162	Rasp Fran Tart vegan																
2163	ChCke GF																
2164	Tarte Tatin																
2165	Ice Cream																

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2166	Vanilla																
2167	Strawberry																
2168	Chocolate																
2169	Caramel																
2170	Sherry Trifle																
2171	Pouring Cream																
2172	Whipped Cream																
2173	Ice Cream																
2174	Custard																
2176	Lemon Roulade																
2177	Apple Crumble																
2180	Tiramisu																
2181	Choc Coconut Delice																
2182	Banoffee Pot																
2184	Kids Chsy G Brd																
2185	Chicken Chunks																
2186	Extra Custard																
2187	Creme Brulee																
2188	Extra Ice Cream																
2191	Kids Nuggets																
2192	Kids Margarita																
2193	Kids Ham Mush																
2194	Kids Pepperoni																
2195	Kids Scampi																



















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2196	Kids Saus Mash																
2197	Kids Chsbrg																
2198	Kids Sos chips																
2199	Kids Bcn Chsbrg																
2200	Kids Burger																
2201	Kids SF Chicken																
2202	Kids Fish Fingers																
2206	Kids Ice Cream																
2207	Vanilla																
2208	Strawberry																
2209	Caramel																
2210	Strawberry Sundae																
2211	Kids Cheeseck																
2212	Kids Waffle																
2213	Kids Brownie																
2220	Vgn Banoffee Waff																
2253	GY Lemon Meringue Tart																
2303	Hollandaise																
2316	Bacon Ciabatta																
2329	Pain Chocolat																
2365	BBQ Chick Flatbread																
2367	Halloumi Flatbread																
2368	Warm Tart																
2369	Steak Ciabatta																

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2370	BLT Ciabatta																
2371	Sausage Ciabatta																
2372	Fishfinger Sarnie																
2373	Sos Egg & Chips Ad																
2376	Prawn Jacket																
2377	Chilli Cheese Jacket																
2378	Tuna Chedd Jacket																
2379	Chedd Beans Jacket																
2380	Bacon Brie Jackets																
2381	Stilton Mushrooms Jacket																
2382	Baked King Prawn Jacket																
2384	Pizzette Am Hot																
2385	Pizzette Margarita																
2387	Pizzette Gardenia																
2388	Pizzette Hawaiian																
2390	Cornish Pasty C & B																
2391	Saus, Egg, C & B																
2392	Falafel Flatbread																
2393	Sheesh Kebab Platter																
2394	Shicken Kebab																
2404	**Ploughmans**																
2405	Brie & Ham Plough																
2406	Cheddar Plough																

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2407	Brie Plough																
2408	Stilton Plough																
2409	Ham Plough																
2410	Smk Salm & Pr Plough																
2411	Chedd & Ham Plough																
2412	Cheddar & Brie Plough																
2413	Cheddar & Stilt Plough																
2414	Stilt & Brie Plough																
2415	Stilt & Ham Plough																
2418	Beef																
2419	Pork																
2420	SP GC Pie																
2467	1 Scoop																
2468	2 Scoop																
2469	3 Scoop																
2470	4 Scoop																
2473	- Vanilla																
2474	- Chocolate																
2475	- Strawberry																
2476	- Honeycomb																
2478	- Mince Pie I/C																
2481	- Toffee Apple																
2487	unused																
2488	+ Fudge Chunks																

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2489	+ Whipped Cream																
2490	+ Flake																
2491	+ Choc Sce																
2492	+ Wht Choc Sce																
2494	+ Caramel Sce																
2520	Mash																
2526	Veg																
2531	Cauli Cheese																
2619	Add Chorizo																
2620	Add Goats Cheese																
2626	Add Feta																
2633	Add Cheddar																
2634	Extra Mozzarella																
2651	Steak & Ale TA																
2652	Chick & Mush TA																
2653	Butternut TA																
2662	ADD CIABATTA & BUTTER																
3544	Teriyaki Chicken KebabTA																
3545	Steak Blue Chs Pie TA																
3546	Cow Pie TA																
3652	Ketchup Sachet																
3653	Tartare Sauce Sachet																
3655	Mayo Dip																

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4284	Nut Roast MD																
4285	Shickn BURG MD																
4286	Chick Forest MD																
4287	Lamb Shank MD																
4288	Kids Soup MD																
4289	Kids Gar Brd MD																
4292	Roast Beef MD																
4293	Roast Pork MD																
4294	Roast Turkey MD																
4295	Steak Pie MD																
4296	Salmon MD																
4297	Shicken PIE MD																
4298	Kids Beef MD																
4299	Kids Pork MD																
4300	Kids Nuggets MD																
4301	Kids Scampi MD																
4302	Kids Sausage MD																
4303	Kids Turkey MD																
4305	Crumble MD																
4306	Sticky Toffee MD																
4307	Cheesecake MD																
4308	Fudge Cake MD																
4309	Lem Merng MD																
4310	Kids Sund MD																

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4311	Kids Fudge Ck MD																
4312	Chick Forr MD																
4356	Marshmallows																
4357	Whipped Cream																
4361	Warm Milk																
4362	Cream																
4369	1 Scone Cream & Jam																
4370	2 Scones Cream & Jam																
2034	Greek Salad Side																
2190	Kids Gar Brd		